



## **Judaism 101: Recommended Reading List**

*This list was created with Introduction to Judaism students in mind, but can serve as a resource to any Jew-curious individuals.*

### Our Coursebook:

*On One Foot*, Rabbi Adam Greenwald

*Aleph Isn't Tough: An Introduction to Hebrew for Adults*, Linda Motzkin

### For more Information about Judaism

*Living Judaism*, Wayne D. Dosick

*A Short History of the Jewish People*, Raymond P. Scheindlin

*Jewish Literacy*, Rabbi Joseph Telushkin

*The Book of Jewish Values*, Rabbi Joseph Telushkin

*Here All Along*, Sarah Hurwitz

### For Your Personal Journey:

*Choosing a Jewish Life*, Anita Diamant

*Living a Jewish Life*, Anita Diamant

*The How To Handbook for Jewish Living*, Kerry M Olitzky and Ronald H Isaacs

*I Am Jewish*, ed. Judea and Ruth Pearl

*The Book of Life*, Michael Strassfeld

### Jewish Prayer

*A Guide to Jewish Prayer*, Rabbi Adin Steinsaltz

*My People's Prayerbook*, Rabbi Lawrence Hoffman

*Entering Jewish Prayer*, Reuven Hammer

*Making Prayer Real*, Rabbi Mike Comins

### Theology and God

*I and Thou*, Martin Buber

*Sacred Fragments*, Neil Gillman

*God in Search of Man*, Abraham Joshua Heschel

*When Bad Things Happen to Good People*, Harold Kushner

*The Jewish Approach to God: A Brief Introduction for Christians*, Neil Gillman

### Holidays and Shabbat

*The Sabbath*, Abraham Joshua Heschel

*The Jewish Holidays*, Michael Strassfeld

*This is Real and You Are Completely Unprepared*, Rabbi Alan Lew

*My Jewish Year*, Abigail Pogrebin

### Women in Judaism

*Engendering Judaism*, Rachel Adler

*Standing Again at Sinai*, Judith Plaskow

*Sisters at Sinai*, Rabbi Jill Hammer

### Spirituality and Wellness

*A Responsible Life*, Rabbi Ira Stone

*Be Still and Get Going*, Rabbi Alan Lew

*The Wisdom of Not Knowing*, Estelle Frankel